

7 Things to Bring with you to Catholic Sunday Mass:

“They shall not appear before the LORD empty-handed...”

Deuteronomy 16:16

- 1) A knowledge of the readings to be used at Mass
- 2) At least one sacrifice that you have made for God or for others during the week
- 3) One thing that you are thankful for this week
- 4) Your list of petitions for others and for yourself
- 5) An attitude of heart and mind to join your fellow believers in participating through praying the Mass prayers and singing
- 6) A decision to actively listen for God’s “small still voice” that will make itself known in the prayers, the hymns, the readings, or the homily and to welcome and ponder what “word” Jesus will give you
- 7) An attentive ear that will listen for a mission that you will take with you into the world